The Bay

Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Lisen Brixvi (SWE) - October 2026

Music: Coming Home - Suspicious Unicorn

Intro: 16 counts, 2 restart, 1 tag

[1-8] Siderock, cross shuffle, siderock, cross shuffle

1-2	Rock R to R (1), recover weight to L (2)
3&4	Cross R over L (3), step L next to R (&), cross R over L (4)
5-6	Rock L to L (5), recover weight to R (6)
7&8	Cross L over R (7), step R next to L (&), cross L over R (8) **Make a restart here during wall 6**

[9-16] Side, behind, shuffle ¼ R, step turn ¼ R, cross shuffle

1-2	Step R to side (1), cross L behind R (2)
3&4	Turn 1/8 R and step R fwd (3), step L net to R (&), turn 1/8 R and step R fwd (4) (3:00)
5-6	Step L fwd (5), ¼ turn R (weight on R) (6) (6:00)
7&8	Cross L over R (7), step R next to L (&), cross L over R (8)

[17-24] Vine, point, rolling vine, touch

1-4	Step R to R (1), cross L behind R (2), step R to R (3), point L to L (4)
5-6	¼ turn L and step L fwd (5), ½ turn L and step R back (6)
7-8	¼ turn L and step L to side (7), touch R next to L (8) (6:00)

[25-32] Diagonally fwd, touch and snap x2, walk x4 ½ turn R

1-2	Step R diagonally fwd (1), touch L next to R and snap fingers (2)
3-4	Step L diagnally fwd (3), touch R next to L and snap fingers (4)
5-8	Walk in a ½ cirkle stepping, R (5), L (6), R (7), L (8) (12:00). **Restart here on wall 2, facing 6.00**

[33-40] Dorohtystep x2, jazzbox ¼ turn R

1-2&	Step R diagonally fwd (1), lock L behind R (2), step R diagonlly fwd (&)
3-4&	Step L diagonally fwd (3), lock R behind L (4), step L diagonally fwd (&)
5-6	Cross R over L (5), ¼ turn R and step L back (6) (3.00)
7-8	Step R to side (7), cross L over R (8)

[41-48] Side, Hold, ball cross, hold, ball weave

1-2&	Step R to R (1), hold (2), step L next to R (&)
3-4&	Cross R over L (3), hold (4), step L to L (&)
5-6	Step R behind L (5), step L to L (6)
7-8	Cross R over L (7), step L to L (8)

Arm movements during 41-48:
Everytime he sings ”In my chest, in my heart, in my mind” there is arm movements =)

1-2	Cross arms over chest with palms towards chest
3-4	Form a hart in front of chest with your hands
5-6	point with both indexfingers on the side of your head

[49-56] Back rock, chasse, cross, point, cross, point

1-2	Rock R behind L (1), recover weight to L (2)
3&4	Step R to R (3), step L next to R (&), step R to R (4).

Make Tag here on wall 4

5-6	Cross L over R (5), point R to R and snap fingers (6)
7-8	Cross R over L (7), point L to L and snap fingers (8)

[57-64] Weave, ¼ turn R, rock step, coaster cross

1-2	Cross L over R (1), step R to R (2)
3-4	Step L behind R (3), ¼ turn R and step R fwd (4) (6.00)
5-6	Rock L fwd (5), recover weight to R (6)
7&8	Step L back (7), step R next to L (&), cross L over R (8)

Tag
On wall 4, dance up to count 52, change the last 4 counts and then restart the dance facing 12:00
Jazzbox ¼ turn L
5-8 Cross L over R (5), ¼ turn L and step R back (6), step L to L (7), touch R next to L (8)

Ending
Happens during wall 8 after count 28.
Step R fwd and sweep L round turning ½ facing 12.00

Last Update: 7 Oct 2026