# Breathe

**Count:** 32 **Wall:** 4 **Level:** Absolute Beginner
**Choreographer:** Andrea Kaletta (DE) - 29 June 2026
**Music:** Every Breath You Take - myso & Cover Up

**Dance starts after 32 counts**

**Sec 1: Modified Rumba Box Forward**

| | |
|---|---|
| 1 2 | Step right to right side, step left beside right |
| 3&4 | Shuffle forward right, left, right |
| 5 6 | Step left to left side, step right beside left |
| 7&8 | Shuffle forward left, right, left |

**Sec 2: Rock Forward Recover, Shuffle Back, Shuffle Back, Rock Back Recover**

| | |
|---|---|
| 1 2 | Rock forward on right, recover on left |
| 3&4 | Shuffle back right, left right |
| 5&6 | Shuffle back left, right, left |
| 7 8 | Rock back on right, recover on left |

**Sec 3: Side Rock, Cross Shuffle, Side Rock, Cross Shuffle**

| | |
|---|---|
| 1 2 | Rock right to right side, Recover on left |
| 3&4 | Cross right over left, Step left to left side, Cross right over left |
| 5 6 | Rock left to left side, Recover on right |
| 7&8 | Cross left over right, Step right to right side, Cross left over right |

**Sec 4: 2 x Paddle 1/8 Turn, Jazz Box Cross**

| | |
|---|---|
| 1 2 | Step right forward. Paddle 1/8 turn left |
| 3 4 | Step right forward. Paddle 1/8 turn left |
| 5 6 | Cross right over left, step left back |
| 7 8 | Step right to right, Cross left over right |

**Tag: Rocking Chair, Side Touch, Side Touch**
**End of Wall 5 9:Oclock**

| | |
|---|---|
| 1 2 | Rock Forward on right, Recover on left |
| 3 4 | Rock back on right, recover on left |
| 5 6 | Step right to right touch left next to right |
| 7 8 | Step Left to left. Touch right next to left |

**Andrea Kaletta**