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# Hit The Floor

32 count, 4 wall, beginner/intermediate level Choreographer: Coral Tucker (USA) Feb 2008 Choreographed to: Low by Flo Rida

### STEP TOUCHES WITH OPTIONAL STYLING

- 1-4 Step right to right side, step left next to right, step right to right side, touch left next to right Styling: drop right shoulder and raise left shoulder each time you step out with the right foot
- 5-8 Step left to left side, step right next to left, step left to left side, touch right next to left Styling: drop left shoulder and raise right shoulder each time you step out with the left foot

## **ROLLING VINE, CLAP, VINE, HIP SLAP**

- 9-12 Step right to right side, turn a ½ turn right stepping left to left side, turn a ½ turn right, stepping right to right side, touch left next to right and clap
- 13-16 Step left to left side, cross right behind left, step left to left side, touch right next to left while slapping right hip with the right hand

## TOUCH FORWARD, BACK, STEP FORWARD, DROP HEEL

17-20 Touch right toes forward, touch right toes back, touch right toes forward, drop right heel

#### TOUCH FORWARD, BACK, STEP FORWARD, CLAP TWICE

21-24 Touch left toes forward, touch left toes back, step left foot forward, hold

#### STEP FORWARD, HIP BUMPS

25-28 Step right forward as you bump your right hip forward two times, shift weight to left foot as you bump left hip back two times

### WALK FORWARD, 1/4 TURN, SLIDE, TOUCH

29-32 Walk forward right, then left, step right to right side while turning a ¼ turn to the left, slide left foot next to right

Music download available from iTunes

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