

# Hey Soul Sister

32 Count 4 Walls Intermediate

Choreographed by: [Bracken Ellis Potter](#) & [Ruben Luna](#) (US) (1st January 2010)

Choreographed to: Hey, Soul Sister by Train

Intro: 16 Style: All

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Number of Views: 1157

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Count	Footwork
	<b>1/4 Turn R, 1/4 Turn R rock Recover Cross, 1/4 Turn Left Step Back R, L, Coaster Cross</b>
1-3	1/4 turn to right stepping right forward (3:00), 1/2 turn right stepping left foot back (9:00), 1/2 turn right stepping right foot forward (3:00),
4&5	Rock left forward 1/4 turn right, recover on right, cross left over right
6,7	1/4 turn left stepping right foot back (3:00), step left back
8&1	Step right back, step left next to right, cross right over left
	<b>Rock Recover, 3/8 Turn R Syncopated Box, Botafogo x 2</b>
2,3	Rock left to left side, recover onto right
4&5	Cross left over right, 1/4 turn left (12:00) step right back, 1/8 turn left (11:00) step left forward
6&7	Cross right over left, rock left to left side, recover onto right
8&1	Cross left over right, rock right back, 1/8 turn left (9:00), step left forward
	<b>Walk Right Forward, Chase Turn R, Full Turn L, Rock &amp; Coaster Step</b>
2-3&4	Step right forward, step left forward, 1/2 turn right (3:00) step right forward, step left forward
5-6	1/2 turn left (9:00) stepping right back, 1/2 turn left (3:00) stepping left forward
7&	Rock right forward, recover onto left
8&1	Step right back, step left next to right, step right forward
	<b>Paddle Turn 1/4 R x 2, Cross, Point R, &amp; Point L, Heel Jack R</b>
&2&3	& hitch left knee and make 1/4 turn right, (6:00) point left to left side, & hitch left knee and make 1/4 turn right, (9:00) point left to left side.
4	Cross left in front of right
5&6	Point right to right side, & step right next to left, point left to left side
&7&8&	& Step left next to right, cross right in front of left, step left to left side, tap right heel to side